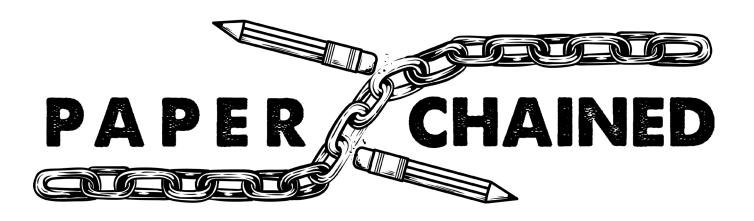
A JOURNAL OF EXPRESSION FROM BEHIND BARS PERCHAINED



Uni**SO**

Posted free to incarcerated people

CRC community restorative centre





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WHAT'S ON THE

Paper Chained is a not-for-profit journal posted free to incarcerated people, funded primarily by the Community Restorative Centre. This issue is also made possible through the generous sponsorship of the University of Southern Queensland and About Time For Justice.

If you would like to support *Paper Chained* through sponsorship, please contact us. Donations can also be made via our website.

If you are currently in prison, have experienced time in prison or have a loved one in prison, we welcome your contributions to the next edition of this journal. Contributions from those supportive of prison reform will also be considered. Submissions are accepted all year round.

Contributions can be writings or artworks in any style. While exceptions can be made, we strongly prefer that text does not exceed 1,500 words per contribution. Please advise us if you would like submitted art returned.

Please also specify if you would like your contributions to be anonymous. If you choose to publish under your own name, please specify if you do not want the postal details of your prison published alongside your contribution.

If you are currently in prison and would like to receive a posted copy of the journal, please provide us with your name, MIN/ID number, and postal address. Readers outside prison can access the journal free online via our website, **PaperChained.com**.

TERMS OF PUBLICATION

Handwritten contributions will be typed unless the author requests to have a scan of the original text presented in the journal. *Paper Chained* reserves the right to edit contributions for grammar, length, clarity and to excise any stigmatising language. Please advise us if you are not open to your contribution being edited in any way.

Copyright for art and writing is retained by the contributor. Contributors are free to have any of their work that is published in *Paper Chained* republished elsewhere at a later date. However, please advise *Paper Chained* if submitted contributions have previously been published elsewhere.

Please be aware that due to limited printing space and other logistical concerns, contributions received may not necessarily appear in the next issue of *Paper Chained*, and may be held on file for subsequent issues.

We will not publish any contributions that are perceived to contain racism, sexism, homophobia, transphobia, nationalism, xenophobia, ableism, evangelism or other forms of oppressive language, or any material that encourages violence or violates the privacy of others.

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WE WELCOME CONTRIBUTIONS FROM:

PRISONERS
EX-PRISONERS
FAMILY OF PRISONERS

Post submissions to:
Paper Chained
PO Box 2073
Dangar NSW 2309
Australia

GREEN FOX TRAINING STUDIO

- Are you creative or artistic?
- Do you want to learn computer skills?
- Would you like a new career?



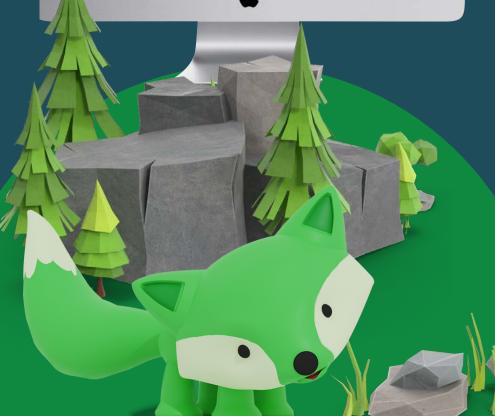
We're looking for new students!

You could learn graphic design, digital skills, 3D modelling and animation, professional skills, and writing and editing.

If you're a woman leaving prison

in Brisbane or Melbourne, you may be able to participate in our free community-based program after your release.

greenfoxstudio.com.au



PAPER CHAINED

STAFF



DAMIEN LINNANE. EDITOR.

Damien was sentenced to two years' imprisonment in NSW in 2015 for burning down the home of a man accused of raping someone close to him. While in prison, he wrote a crime novel, *Scarred* (Tenth Street Press, 2019), and also taught himself to draw. Since his release he has completed a masters degree in Information Studies, and has illustrated the book *This Is Ear Hustle* (Crown Publishing, 2021). In addition to working on *Paper Chained*, he is completing a PhD in law, focusing on barriers that people with disabilities face within the criminal justice system.



DR JEDIDIAH EVANS. ASSOCIATE EDITOR.

Jedidiah Evans is a Lecturer in the Department of Writing Studies at the University of Sydney. He has published articles on U.S. literature and higher education, and is the author of *Look Abroad*, *Angel* (University of Georgia Press, 2020). Jedidiah runs a weekly writing workshop in a maximum-security prison in NSW, and his current research focuses on the impact of creative arts in prison. With colleagues at the University of Sydney, Jedidiah is working to develop collaborative learning opportunities between incarcerated students and university students.



KATIE FOX. GRAPHIC DESIGN.

Katie Fox is a graphic designer, writer, and accredited editor. Her lived experience has given her valuable insight into the impact of disadvantage on the person and its relation to crime, and into issues in the Australian criminal justice system that lead to injustice. She is currently working through a Bachelor of Laws (Hons), and has developed interest in human rights, intellectual property, and legal structures for social enterprise and not-for-profits. She is currently employed at Green Fox Studio, a creative agency operating a not-for-profit graphic design training studio through a maximum-security prison.



Supporting Incarcerated Students

At UniSQ, we believe everyone should have the opportunity to access higher education. To support our incarcerated students, we've developed a selection of programs that can be studied whilst incarcerated.

We understand that as an incarcerated student your needs are unique and internet restrictions will impact how you are able to study. UniSQ has developed learning materials in an 'offline' format which is available in the Offline Enterprise Platform or the Offline Personal Device. This means you will be able to complete your program without the need for online resources or internet access.

During your studies, Correctional Centre staff such as an Education Officer may be able to provide you with support throughout your program including:

- · communicating with UniSQ
- applying and enrolling
- · assignment submission
- · coordination and facilitation of exams
- · referral to a career development practitioner
- · accessing resources that will help inform your career decision making

Are you unsure if studying a university program is right for you? We've developed a series of workbooks called *Unlocking a Future Career*, which is designed to help you with the decision to study at university and provide support for students soon to be released from a correctional centre. If you would like a copy of these workbooks, please ask your Education Officer.

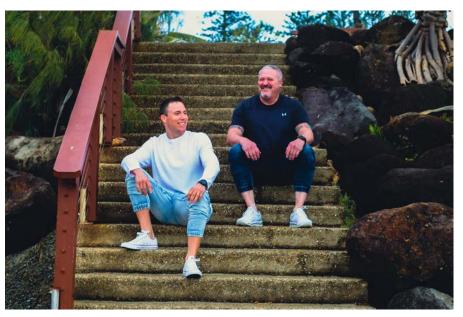
The programs you can choose from include:

- Tertiary Preparation Program (TPP)
- · Associate Degree Business and Commerce
- Certificate of University Studies
- Diploma of University Studies
- Bachelor of General Studies (Management, Journalism and Social Sciences disciplines).

Not all courses within these programs are available in a correctional centre, and unfortunately not all correctional centres can facilitate students studying at a tertiary level.

For further information, and to talk about enrolling, please talk to your Education Officer.

ABOUT TIME FOR JUSTICE



Todd and Jacob Little. About Time For Justice founders, former prisoners and survivors of institutional abuse.

About Time For Justice is an Australian organisation specialising in assisting victims of historical sexual abuse seeking possible justice through the litigation process.

Our passion is helping victims who have been affected by abuse within private and public institutions across Australia. The team from About Time for Justice understands that taking the first steps towards seeking justice can be intimidating, especially for those who have had issues with trusting people, systems or organisations they have been exposed to in their past. Our experienced team, many who have shared their own story and experience in this area, are trained to eliminate stress and navigate the complex process of approaching and dealing with the most appropriate legal representatives.

We provide full support to our clients so they know all the options available, taking away the anxiety of having to tell your story to many people and assist in liaison with legal firms and lawyers to minimise fears of the processes involved in taking legal action. We partner with legal representatives from some of Australia's largest firms, as well as smaller specialised law firms that provide targeted legal advice based on client needs. Our team have the skills to explain what is happening with your matter in simple terms and is available to answer any questions and work flexibly with each client based on meeting the best outcome for their individual circumstances.

Call or write to us on the details provided for an obligation-free chat.



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@abouttimeforjustice

LIFE AFTER LOCK-UP

AN INTERVIEW WITH LIZZIE KOMMES

No stranger to the spotlight, former prisoner and reality TV star Lizzie Kommes talks to *Paper Chained* editor Damien Linnane in this issue for an exclusive interview.

Why don't we start at the beginning? Where are you from?

I'm originally from the upper peninsula of Michigan. I was raised on a farm. I was the only minority in my school, and there were no other blacks in our town. There was a lot of racism there, so when I finished high school I immediately left for California. I wanted to be an actress and a model and all that stuff, but I ended up becoming a stripper at 17.

Was that job what first got you into drugs?

I started experimenting with alcohol and marijuana around 15, then at 17 I got into cocaine and everything else. GHB, shrooms, acid ... I didn't discriminate. Just recently I celebrated one year sober. When people hear that they ask me what drugs I used to do, and I'm like 'everything'. Whatever was available, whatever I could get high off.

One of the other strippers first introduced me to harder drugs. We were at a party and there was a pile of cocaine and a line next to it and I was given a straw. I just stuck the straw into the pile because I didn't know that only the line was for me. I was like, why would I do just the line when there's a whole pile there? (laughs)

When did you start getting in trouble with the law?

I kept taking drugs and kept getting DUI's. About one a year for several years. I did about five months in custody between my first six convictions, a month here and a day there, that sort of thing. For my seventh DUI, I got about eight months in Wisconsin, but while I was on bond, I got my eighth one in California. That landed me in prison for eight years, though I ended up serving nine-and-a-half due to new charges during my sentence.

Eight years for DUI seems harsh ...

It had a lot to do with the fact that I breached my bond and was also interstate. I tried heroin and ended up nodding off at the wheel. I hit a bus stop and ran over a guy's foot. Thank God I didn't kill anybody, I was in no condition to drive. I didn't have experience with heroin and didn't know it would make me fall asleep like that. Anyway, I guess they wanted to slam the book at me, especially as I wasn't from there. I didn't really know the law well in California so I just took the



first deal they offered me. I'm glad now that I took that deal, because I wasn't ready to change yet. I was still doing drugs, including heroin in prison. I went into prison in 2009, I didn't stop doing drugs until 2017. I needed that time. If I had of gotten another slap on the wrist, I wouldn't be here to have this conversation with you, you know what I mean?

What was your first reaction when you got that longer sentence?

I was scared. I was sent to Chowchilla, which is a maximum facility. The Manson girls were there, other famous murderers as well. I'm going into these rooms where eight people sleep, some of them were murderers and I'm just a DUI girl. I'd never intentionally hurt anybody. It was terrifying.

What did you do with your time in prison?

I had a sugar daddy from the streets. He was helping me out and stuff with money, but all the girls in there were like 'you're so pretty you can make all this money' and I'm like 'how?' And they told me about these websites where people can form connections with inmates. [Editor's note: The website's Lizzie refers to are only available for US prisoners] I had a lifer teach me how to do it. I started getting all these



Drawing of Lizzie Kommes by Damien Linnane.

pen pals that started putting money on my books. So I spent my time hustling. Prison taught me how to hustle! (laughs)

All up over my sentence I got \$800,000, and I put it all in my veins or smoked it. I only had a few thousand left when I came out. I could have done so much more with that money. Instead, I just got high. It was crazy. All I wanted to do was to keep getting high. I didn't want help. Nothing else mattered to me. I just conformed to the life of prison. I have an awesome life now, and I can't imagine why anyone would ever want that prison lifestyle, but at the time I did.

How did Love After Lockup offer you a role on the show?

I did a sexy pose for a mugshot back in 2008 which went viral. It made nation-wide news and I ended up being listed on a website where I was ranked as one of the hottest inmates in the world. That's how they found me and reached out.

How would you describe Love after Lockup?

Crazy! (laughs) It's a reality TV show about finding love while you're still in prison. It's a challenging show because you meet these people while you're in prison and you've literally got to start a life with them when you get out. You never get to date the person properly first or anything like that. It was pretty crazy. They're still making the show, but I don't watch it. I only watched my episodes! (laughs) The show covers me going to live with Scott who was my sugar daddy at first, but then I gained feelings for him.

You were often portrayed as the villain in the relationship with Scott. How do you feel about that?

There's so much controversy over this. I was portrayed as the villain on the show, but Scott was controlling my money. During the first season they couldn't give the payments for filming to the person in prison, so they gave my share to Scott, and he controlled me by refusing to give me my money unless I did what he wanted. I'm not upset about how I was portrayed though, because the show definitely made me very memorable. It was good TV, and I'm still popular because of it, people still want to talk to me even though its been four years. I did get so much hate mail on social media at the time though, people telling me I should die or go stick a needle in my arm and OD. If you go through the history of my Instagram you can still see all those comments. People ask me why I don't get rid of that. I deliberately leave it there because I feel like it makes me stronger.

What else did you do after you got out of prison?

I wanted to get a degree, it didn't matter what it was. It was more the fact that I always wanted to go to college. I ended up doing Applied Arts. I can't say I've done anything specific with it, it was just something I wanted to accomplish for myself.

I'm doing really great, still free from addiction. When I was first in prison, I thought when I got out I was going to open up a strip club, because I was a stripper. But my life is in a very different direction now. My plans for the future are to start a not-for-profit which helps rescue children from sexual violence, exploitation, and trafficking. I'm working towards starting that up now, just taking it one day at a time at the moment, because if I put in 10% of the energy I used to put into looking for dope I'm sure it will be a success.

What would your advice be for people currently in prison?

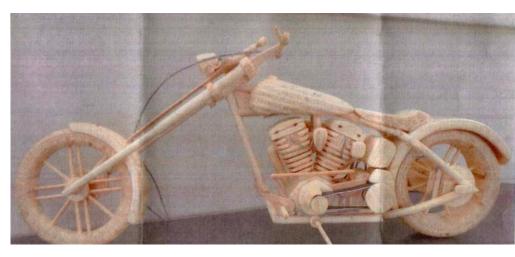
Try not to get too involved in the mix, because prison isn't cool. Try to better yourself while you're in there, but otherwise just do your time and get out.



Love After Lockup originally aired on We TV in the US. Watch it in Australia on 9Now. Photos taken from Lizzie's Instagram account, @lizzieloveafterlockup, with permission. Follow Lizzie on Twitter @LizzieKommes.

ART AND WRITING CONTRIBUTIONS





Artwork by David John Gay #1994511 Invercargill Prison, PO Box 826 Invercargill 9840, New Zealand

POLITICAL THOUGHT

Thoughts racing, heart pacing, walls closing in, dream chasing Dreaming freedom, dreaming peace, dreaming equality, dreaming better me Thoughts still racing, heart still pacing, when is it gonna change, time still ticking 1000 days passed time still ticking, 1000 more to go I'm still on my mission Victim to the streets, still dreaming a better me. The fight against oppression is still a fight to beat, freedom, peace, equality, just a better me
A long road ahead, take it piece by piece, Judge not playin' fair
A second fight to beat. Death by incarceration. Just got erased from the street
One bang of the gavel destroys a family's peace
Family trees destroyed because the system playing for keeps
Just another struggle, another victim to the street
100 more days just crept past me in my sleep
Through the pain, through the tears, the bloodshed, and all the years
Still I stand tall, ready to fight at all cost, for freedom, peace, equality, and always a better me !!!

Kendall Hudson, USA



Artwork by Simon Evans, NZ



Artwork from Mary Wade Correctional Centre

A CHILD'S VOICE

I was looking out of the tiny window, in my prison cell just the other day.

A tear rolled down my cheek, as in truth the things to me my child might say.

I saw a little boy there sitting on the ground. I went to say "hello" but he said, "My daddy's not around."

I got a little closer, a frown grew on his face. "My mom has found another to take my daddy's place."

I knelt right down beside him, to help him with his strife. He said, "I'm just a little kid, but he's been missing all my life." I tried to say, "I'm sorry", but he didn't understand my plea. I told him who I was, he said his daddy wasn't me. I got up to walk away but he pulled me to his side. He said, "If you ever see my dad mister, please tell him I said Hi."

There was a little girl, a young woman probably by now. To get back into her life as "Dad", I'm not exactly sure on how.

She struggles everyday, growing up without me. Growing up in this type of world without her precious daddy. She has my facial structure, her eyes are soft and brown. I could see the pain inside her because her father wasn't around.

This is what I heard:

"There's been no father in my life, to teach me right and wrong."

"A father there beside me to tell when I am strong."
"There's been no father in my life, to teach what I should

know."
"That when I go out on a date, how far that I should go."
"There's been no father in my life, to celebrate my growth, and when he's proud of me its I'm daddy's girl, my oath."
"There's been no father in my life, it seems the whole world can see."

"I try to smile and stay real strong, but I really miss my own daddv."

As I sit here in my solitude, my eyes forever moist, listening to the whispers, the whispers of my child's voice.

Jeffery A. Shockley #ES4796 Smart Communications/PA DOC PO Box 33028, St Petersburg Florida 33733, USA



Artwork by Joe Salazar #1057110 Ellis unit, 1697 FM 980 Huntsville, Texas, 77320, USA

Editor's note: Unfortunately, prisoners in Texas are not allowed to receive letters from other incarcerated people.

POETS OF CHANGE

I am in the class of the poets of change Writing for a serious purpose and not just to entertain We have a deep passion for the words of change that our writings express

The readers can feel the urgency in our address

Throughout history it was words that inspired people to make the changes that needed to be made

If it is said or written correctly it can cut through obstacles and doubts with the force of a blade

Words contain power but we just have to use them the right way That's why poets of change need to be careful in what we say

Every human being uses words to get their point across We just write it down so the substance of the words don't get lost

Poets trying to change the world because we believe in the power of what we write

Our main agenda is to better this world's plight

A change is coming but we must be ready for it In our lives change must always have a place to fit When it does come we have to be able to adjust Never hatching all of our eggs in one nest

Evolution is in a constant state of progress

As the world evolves its inhabitants are under so much stress Even while you are reading this, millions of people are starving from a hunger pang

We hope that the readers of our writings will aid them because we are poets of change

Bobby Bostic #526795 c/o Digital Mail Center - Missouri DOC PO Box 25678 Tampa, FL 33622-5678, USA

ODE TO COMMUNISM

We will all be landless peasants Paying homage to our lords Medieval serfdom Surely no one can applaud

A thin disguise for slavery Techno-shackles, viral-whips Their solution to the problem Of human rights, and all that shit

Now their 'Monolithic conspiracy' For a reich of a thousand years Bares its fangs to suck the lifeblood From the necks of a compliant herd

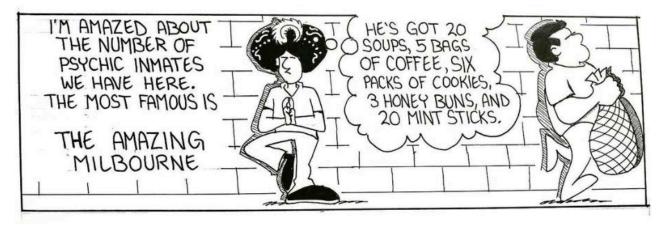
For decades we've had the warnings Though the prophets were all dismissed Taken out by proxies Before they could lead us to resist

There are many faceless men And behind the scenes they work Unelected power elites Our leaders' strings they jerk

Now they've stepped up to the podium With a pseudo plan to save us all We must give up all our property Our right to own at all

Neoliberal to neofeudal We will all stay where we're put They will provide a basic income But our freedoms will have gone to fuck

By Gary, South Australia



Comic by John E. Sacks, creator, writer, and illustrator of 'Diary of an Incarcerated Cartoonist'. @@john e sacks



Artwork by Jayde Farrell, NSW

I know what you see: The lost The brokenhearted The poor in spirit Looking out from inside the cage

You don't know what I see: You think you are sustaining me But I don't eat from your hand My food is the fruit of the spirit And I'm never hungry

This world hates me But I found love In the embrace of the lost The brokenhearted The poor in spirit

In the mornings
The sunlight hits the razorwire
And it turns it into giant bales of

harvested gold The wagtails perch inside it And belong to me

In the evenings
My sleep is sweet
Dreams look magnificent
From down here where I lie
With no pretty things to block the view

I don't care if you line me up and count me Or if you turn the key and lock me in The bars I see are gilded And you still don't know Why the caged bird sings

Anonymous

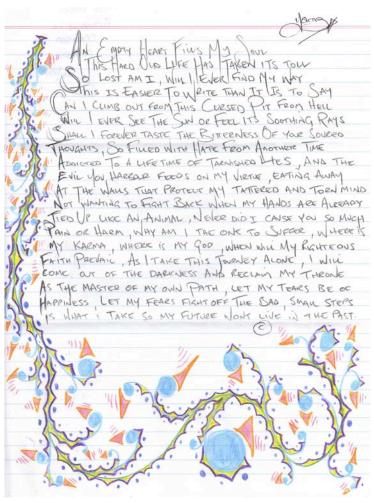
Her eyes are cold and glassy
They show no pain or fear
On her bad days
She wants nothing more than to disappear
No-one would notice
No-one would care
She feels truly broken
Beyond complete repair
There is nothing she can do with the building despair
Someone has to tell her that she's worthy, she's rare
Please can someone hold her, remind her

Please can someone hold her, remind her to stay

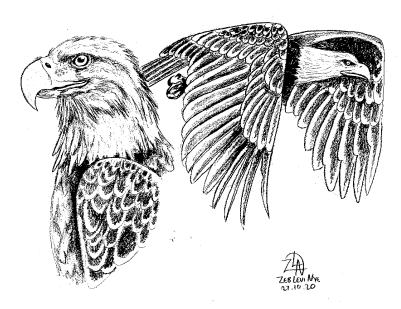
Tell her and show her it will all be OK I just can't do it for the girl, that she, that her

It's me.

Natasha Robinson, NSW



Yarnis Mehana Queensland



Artwork by Zeb Levi Nye

INCARCERATION

Old bluestone walls and buildings, New razor wire and iron bars. Imposing concrete prison structures, Thick steel mesh grill and wire cages. Confined cells with stained steel ablutions, Filthy steel toilets with no seats. Solid steel doors and iron locks, Wrought iron gates with heavy padlocks Invasive observation slits and peepholes, Noisy trapdoors and congealed air ducts. Glaring artificial light from fluorescent tubes, Stale re-circulated air from electric pumps. Bland second-rate food from battered trays Watery soup and damaged fruit. Ill-fitting cotton prison clothes and cheap footwear,

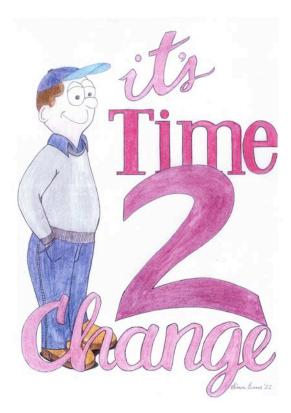
Steel-framed beds with putrid mattresses and ragged bedding.

Blaring portable radios and non-stop television, Close-circuit TV cameras and infra-red movement detectors.

Large brass bells and piercing fire alarms, Crackling intercoms and thundering loudspeakers. Autocratic rules and totalitarian regulations, Arbitrary arrests and despotic Governor's Courts Humiliating body searches and petty seizures, Destructive cell searches by over-zealous guards. No real rights or civil liberties, Only strict obedience and mindless duties. Monitored telephone calls and intercepted mail, Supervised and restricted visits with loved ones. Violence amongst inmates and from warders, Attack dogs, tear gas, shotguns and rifles. Angry orders barked by irate prison officers, Defiant cries from oppressed prisoners. Warder strikes and prisoner riots, Suicides, self-mutilation and hunger strikes. Restrictions on every aspect of daily life, Life reduced to mere existence. Human beings reduced to base instincts, Transformed from bad to worse. Every waking hour a nightmarish endurance,

Julian Knight Port Phillip Prison, PO Box 376 Laverton Victoria, 3028

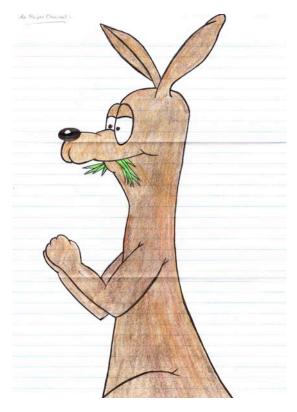
Every sleeping hour an escape.



Artwork by Simon Evans #1833561 Auckland Prison, Private Bag 50-124 Albany, Auckland, 0752 New Zealand



Artwork by Juliette Wright F93585 LMB 1008 Gatton, QLD 4343



Artwork by David Frahn #170230 Mount Gambier Prison PO Box 1498 Mt Gambier, SA 5290



Artwork by Jennifer

THE INNOCENT PLEAD GUILTY

There is little known about the workings of the Court system to many in the community and generally speaking it remains a secret world only visible to legal brethren, this secret world made up of deals by lawyers, prosecutors, and judges is only now surfacing to the public eye.

This is mainly due to the increase in crime, which has had a flow-on effect by way of crime touching more of the community both directly and indirectly.

Previously, only a minority of the public were aware of the deals in court, with the majority enjoying TV idealisation's of court practices.

One of today's accepted common practices in deals is that the accused be advised by their legal counsel to plead guilty to charges they are not guilty of.

This is often done with the promise of a speedy trial or a more lenient sentence by way of a sentencing discount. This quite often has an added bonus of cleaning up unsolved police cases and thus improving their success ratings.

These discounts usually average 30% and are often taken up by defendants to avoid long remand periods and to receive their offered reduced sentence.

There is never anything in writing and the prosecution and judge are not bound by any law that says that they must give a sentence discount for the early plea. These arrangements are purely discretionary.

There are many who believe that this process robs both defendants and victims of justice mainly due to the inaccurate nature of the plea.

I recently spoke to a sentenced prisoner on this subject and he confirmed that it was indeed commonplace for inmates to make these deals. The number of inmates sentenced this way raises a lot of ethical questions about the process of justice in the Victorian court system.

Is this practice taking advantage of a vulnerable minority at a vulnerable time?

Is this conflicting with a true truth in sentencing practice?

What is the real motivation behind these Court practices?

Can your lawyer really be trusted?

By Jonas Black #76543 Ravenhall Correctional Centre PO Box 490 St Albans, Victoria 3021

IMAGINE

Imagine a world where time stands still Where nothing you do is your own free will Stripped of your freedom, your hopes, your pride Surrounded by strangers with no place to hide

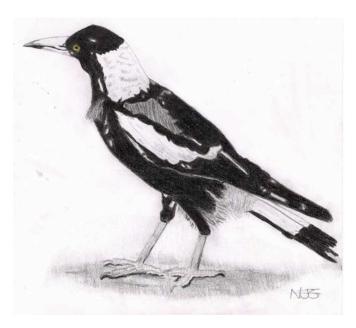
Imagine a place where you're told what to wear
A place where no-one is allowed to grow hair
You are told each day you're not to talk and where and when
you can and cannot walk

A world where you sleep surrounded by hate Where all you can do is sit around and wait

Imagine a world were you have no choice
You can't even think because of the noise
A world where you work and get no pay and are made to feel
worthless each and every day
A world where days crawl like a snail
Where all you have hope for is a piece of mail
A world where you have to eat real quick
Does this sound like a world that would make you sick

Imagine a world surrounded by wire
To walk from this place is my greatest desire
A world like this is hard to conceive
Yet here I am and I cannot leave

By Mark R



Artwork by Nigel Gilliland Woodford Correctional Centre PMB 1, Woodford, Queensland 4514

I'M OUTTA HERE LO

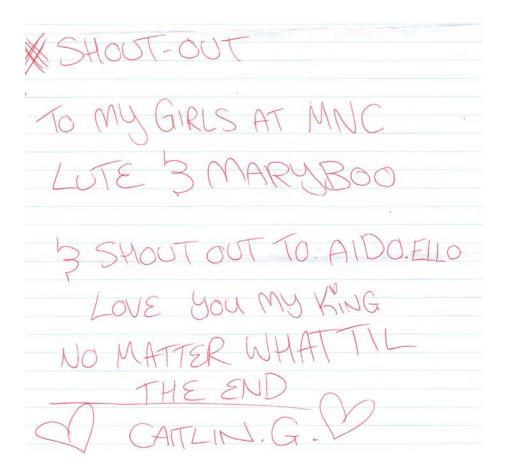
OMY AT LAST I CAN BREATHE THIS SELL IS NO LONGER A CAGE THERE IS HOPE, WHERE ONCE IT WAS RAGE ANXIETY IS NOW JUST A WORD BEST LEFT WHERE IT WAS . UN HEARD SO MANY PLANS TO REBUILD THIS LIFE WHICH WAS TATTERED AND TORN, FILLED WHITH STRIPE DOESN'T MATTER IM OUTA HERE! I WORRY ABOUT THE UNKNOWN CAUSE I DON'T NO WHERE IT IS IM GOIN FROM MY LIFE BEHIND BARS TO SLEEPIN UNDER THE STARS WHAT A CONTRAST IM OUTTA HERE! I GOTTA BE STRONGER THAN EVER AND MUST KEEP MYSELF FOGETHER MAKE NO MISTAKE OR MY FREEDOM THEY'LL TAKE THE OPPOTURNITIES ARE THERE I MUST TAKE THEM WITH CARE IM CHONNA BE OK CAUSE IM OUTTA HERE, TODAY FIRST OFF I GOTTA GET A SMOKE I SAID I WAS QUITTING WHAT A JOKE ONLY NICOTINE OFF CAUSE MY OLD ENERGY SOURCE IM OUTTA HERE CAN'T WAIT FOR A PUFF ALL , CAN DO IS HOPE ITS ENOUGH

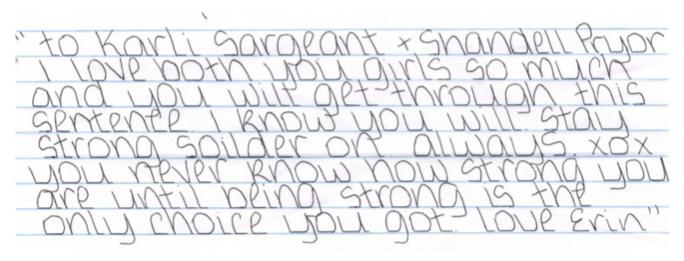
Yarnis Mehana, QLD

SHOUT-OUTS









FROM THE VAULT

HISTORICAL PRISON WRITING

JUSTICE

A new man to this country ends a six year term in jail With all of that behind him now he's hesitant and pale But when cops load him with a gun they steal away his hope And in that cell he never loved he ends it with a rope

But how many more are driven on to take their lives like this When nothing offers them more joy than death's consuming kiss Too many of them bear the marks of a gun behind the head That takes them to a precipice and paints their names in red

An old man dies in Central cells he's kicked to death it's plain There's half a dozen witnesses but trials are all in vain Some people just won't testify magistrates just won't commit And judges see the cops don't face the bench on which they sit

But how many more have lost their lives been bashed and brutalised While helpless in a police cell they never realised That cops would never get their dues through the courts they patronise They'd see their friends and money bought the necessary lies

Justice is dead in New South Wales and it's been dead quite a long time I don't know if it was ever alive or if it even solved one crime But you've got a chance if you're not unemployed and it helps if you're not poor
If you're not an Aboriginal who's
been to gaol before
And if you're not a factory worker
immigrant, social activist
Then you might just be able to buy
a piece of this "justice"

The detective took ten thousand and four charges fell away
And the magistrate took much the same for a bail release that day
But the district judge asked sixteen grand from a man who wouldn't pay
Then handed him ten years in gaol for darkening his day

And countless more are on the take at all the steps and stages
The law extracts its due rewards and adds them to its wages
The most respected, honoured men put bank robbers to shame
There's millions rotting in their vaults and no blemish on their names

Justice is dead in New South Wales and it's been dead quite a long time I don't know if it was ever alive or if it even solved one crime But you've got a chance if you're not unemployed and it helps if you're not poor If you're not an Aboriginal who's been to gaol before And if you're not a factory worker immigrant, social activist Then you might just be able to buy a piece of this "justice"

Uncredited poem and drawing
Originally printed in Contact No. 35
Parramatta Gaol Resurgents Official Magazine, 1981.
Reprinted with permission as given in the original publication.



WHAT IS WRONG WITH THIS PICTURE?

BY JEFFERY SHOCKLEY

Where does the mind go as we try to strive inside this monotonous space? This place we are set to die in while in this machine of rehabilitation. Set apart from the start as that man, a black man, in this society I've strayed away from more than a time or two trying to do what other suggested I would not do and now I see the errors of the old ways in those old days when being young was the only excuse we had.

A time defined more so by an emptiness inside; but what does that make me in this sea of mass confusion which gives merely an illusion I am worth more dead than alive yet still I strive to hide the insecurities, personal disparities of what one can become even behind this time of L. I. F. and E.

Please try to see or have we remained so blind to be that we create our own misery in this place with some miserable individuals who compete for no more than less than the next man who grandstands about the hell he's done when from birth he's begun to hate his own existence with little resistance as society says you create your own destiny in this land of plenty who now care nothing more about you yet tell you to keep trying while dying beside the next man whom you can't stand next to because he's everything just like you.

Enough of the self-annihilation, I am, we are a creation born not just to die. Stop reliving that lie told by us, looking high and low for us yet not caring enough about us, ourselves. Is it pure illusion or self-taught confusion? How many times must my crimes only enhance this inability to be free? How much longer must I surrender my choice to voice my opinions on where I shall be so my children, grandchildren, can see me right?

Though I fight with the evils of untrue myths of my forefathers of long ago, the system deteriorating my mind as it is

no more than a modern-day slavery, a thievery of so many souls. Turning around only to see another prison wall scaling so high I cry as my tears reach nowhere for it is my silent death as I watch your screaming, refusing the meaning of "change." Too many of us holding on to the fake dreams blowing up in the smoke exhaled. Stale stench rising, surprising we've been here this long, now tell me what is wrong? The mis-education of the black man as we see our children compete not in after school games, but dying to survive to stay alive if for only one day at a time.

The crime is us as fathers looking out for what "I" want, alone, never home, that junior now grown packing heat on the same street daddy died. On goes the pursuit of everything we've never had. Bad time not gone, that funeral procession now moves on and that junior now dead while in my head the rage increases, our people decreases and again we are locked-up, messed up, trying to say we don't give ... upchuck from being dope sick, the trick? Don't start in the first place for we are a people, black people, strong in mind, divine creatures if we rise above the mis-education of the black man.

How much longer shall we wander about without a sense of direction making our own correction from reflections of this distorted reality society has deemed those like us are so unfit to be a part of? How can we reach out, teach about without a doubt of being heard to those already hurt by what was before? While those in power continually subliminally devour the sensibilities and fleeting tranquilities of being happy while a brother man just like you, hoping for change just like you, struggles just like you to remain alive as too many men stand around, bound down yet proud of their own claim to fame.

The same who only speak of times of

getting paid while starving in every way on every day for the ability to change some reality if only at a second at a time. Too blind to define what is wrong with this picture when the ground consumes too many youth who have never found self amidst the wealth of truth in their own identities they've never seen or those who will never be anything anymore.

What is wrong with this picture when the older guys try to be as the younger guys who strive to control the lost soul that was never taught true the things to do as a man who lives life right from day one while some say they know what to do when they've never lived life tight.

What is wrong with this picture when all the men are so bound down but the sound heard is disturbed noise and not one lifting each other up above what was because the whole idea or theme is another mask that lasts from cradle to grave but nobody seems to see the man in the mirror who cries behind the cold closed steel prison door. Just a deep sigh when a new day has ended before another has begun when the same games of shame that tear our souls down, our communities abound with the sound of our African sisters, mothers and daughters too afraid to come around. As their brothers, fathers and sons, far too many men forever and a day now locked down. Still, some want to play to stay in with those who could care less about you, get rich quick without you and when they've gone home never think twice about you, still, you call 'em family.

What is wrong with this picture as I turn around to look at me, trying to figure out just who I should be? What I once was I am no more, who I could be. I want to be but not real sure on how to get there so I stand to the side, alone, Just looking at...

What is wrong with this picture?

Jeffery A. Shockley #ES4796. Smart Communications/PA DOC. PO Box 33028, St Petersburg, Florida 33733, USA

A HISTORY OF AUSTRALIAN

PRISON NEWSLETTERS

BY DAMIEN LINNANE

In the last issue of *Paper Chained*, we started coverage on the history of prison newsletters in Australia, focusing on two former newsletters, *The Compendium* and *InPrint*. In this issue, we'll focus on *Jail News* and *Framed*, and their direct and current successor, *Just Us*.

Jail News was founded by Tony Green and Bob Jewson, former prisoners who had been involved in the 1970 and 1974 Bathurst prison riots respectively. Intended as an alternative source of information for prisoners not controlled by the prison system, the publication was immediately banned by Corrective Services NSW. "We had no satisfaction getting it into the jails, the prison system opposed us from the word go", Tony Green said during an interview with me. "We had to get it to prisoners by clandestine methods, smuggled in on visits and given to them at court appearances."

Jail News was published by the Prisoners Action Group, the predecessor of the current prison activist group Justice Action. The first issue came out on 10 June 1978, with the newsletter being produced at Glebe House, a halfway house for parolees that still operates today. "We typed up the pages and stuck them on boards at Glebe House, and they were printed by Tomato Press, a radical left wing press just down the road from us", said Tony. "It was usually only an A4 foldout, though we sometimes went to eight pages. We had a big mailing list of people outside prison, mostly academics, lawyers, and civil libertarians, and it was the paid subscriptions from these people that gave us our funding to produce the newsletter. We were quite proud of the fact we never got any funding from Corrective Services or the government, as this would have compromised what we could publish."

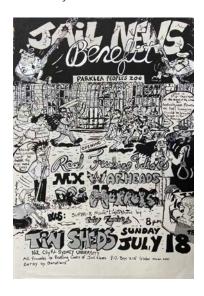
When Brett Collins, the current coordinator of Justice Action, was released from prison in 1980, he became peripherally involved in the newsletter. However, regular production of the newsletter came to an end around late 1981, when Tony Green temporarily went to England. The newsletter wasn't able to be put together in his absence, and when he returned months later it was considered too big of a job for the small team to continue. "We never achieved our objective of mass circulation in NSW prisons", said Tony, "so we decided to focus our energy on other prison-related activism." Occasional issues, however, continued to be released until 1985.

Jail News was eventually relaunched and re-branded as Framed by Justice Action, with the first issue released on June 23, 1989. The name was chosen as it was officially the 'Newsletter of the Campaign Exposing the Frame-Up of Tim Anderson'. Following Anderson's acquittal on appeal in 1991, it continued to campaign against issues such as police verbal and corruption. Issue 25 saw it officially labeled as the magazine of Justice Action. Not banned under the new title, the newsletter was sent nationwide to every prison's education department, as well as to a list of subscribers both in and outside prison.

Things took a dramatic turn in 2002, after Ron Woodham became Commissioner of



The front cover of the 16 September 1978 issue of Jail News, with stories on the "intractable" section at Grafton prison and assaults on prisoners by officers, and Brett Collins being transfered to Long Bay from Grafton. Below is a flyer for a Jail News fundraiser, obtained from the State Library of New South Wales.



Corrective Services NSW, and subsequently appointed John Klok as acting Senior Assistant Commissioner. Woodham, a long-serving prison officer, was responsible for transporting "intractable" prisoners to Grafton during the 1970s. At the 1976 Royal Commission into New South Wales Prisons, details of horrific abuse towards inmates by officers at Grafton were uncovered. While Justice Nagle's report said that "every prison officer who served at Grafton during the time it was used as a gaol for intractables must have known of its brutal regime. The majority of them, if not all, would have taken part in the illegal assaults on prisoners", the report did not specifically name Woodham.

Justice Nagle's report, however, did name John Klok as an officer who assaulted prisoners on numerous occasions. Justice Nagle stated in one incident that Klok "hit a prisoner named Bloomfield with his fist three times. Klok was six feet five and a half inches tall and weighed nineteen and a half stone (123 kg). Bloomfield was five feet eight inches tall and weighed less than ten stone. Klok's denial of the incident is not accepted. This was a disgraceful assault."

Issue 42, the February 2002 edition of *Framed*, ran a feature criticising both Woodham and his decision to promote Klok. "When it came time to distribute the issue, Woodham told us if we published the article about him, *Framed* would never be allowed into New South Wales prisons again," said Brett Collins during an interview with me. Justice Action refused to back down, and Woodham followed through with his promise to ban the publication.

While the newsletter was still sent to outside subscribers and prisons in other states, due to being banned from NSW prisons, Justice Action instead focused their attention on campaigning, and also transitioned into a new newsletter that would focus primarily on elections and prisoner's right to vote, believing this would be more likely to be allowed into NSW prisons. Originally called *The Australian Prisoners' Election Paper*, the first issue was released in 2004 and accepted into prisons in all Australian States and Territories.

Except New South Wales.

Ron Woodham banned the newsletter, without giving any reason. Justice Action took the case to the NSW Supreme Court. Legal observers predicted Justice Action would win, but Corrective Services NSW brought polling in prison forward and made prisoners vote before the newsletter could be distributed, effectively making the case redundant.

The first issue also took suggestions for a new name for the newsletter. Proposals at the time included *Klink Link* and *Shitizen*. Eventually, the name *Just Us* was chosen, and the publication continued to be sent out before elections. Ron Woodham tried to ban Volume 3 from being sent into NSW prisons before the 2007 federal election, and Justice Action again took the case to court. Justice Elizabeth Fullerton declared there was nothing in *Just Us* that should prohibit it being sent into prison, though she could not establish whether Woodham had acted unreasonably, as Justice Action had asserted based on his refusal to give a reason for the ban. Justice Fullerton stated "While I have real doubts as to whether [Woodham] has in fact considered the 'Federal Election Special' on its merits in accordance with his stated policy ... I am unable to form the certain view that he did not. The fact that I am not prepared to draw an inference adverse to the [Commissioner] is not intended to encourage him to refrain from giving reasons in the future were Justice Action to seek permission for another edition of *Just Us* to be distributed. To the contrary."

This marked the beginning of many victories for Justice Action regarding *Just Us.* In 2011, they were successful in the NSW Supreme Court in obtaining the right to distribute the magazine to locked hospital and prisons. Justice Health had attempted to block the magazine, though not only did their efforts fail, they were also ordered to pay Justice Action's court costs. In 2014, Corrective Services in Victoria initially refused to allow Volume 5 of the newsletter into prisons, though backed down after the Human Rights Centre prepared a challenge in the Victorian Supreme Court. Likewise, in May this year, the South Australian Department for Correctional Services was the only state to attempt to ban Volume 9. After Justice Action prepared to challenge the ban in the South Australian Supreme Court, an agreement was instead reached to print a slightly modified version of the newsletter. Brett Collins assures me that Justice Action will continue to fight any bans on prisoner's legal rights to information, and that we can expect *Just Us* to continue to be brought to prisoners before elections for the foreseeable future.





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JOHN KLOK: WHAT NAGLE SAID

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Wagness were three one and the prisoners by the other. They were confident to stop the ord of any prisoners in the cell with 100 μ s me. AT Chagges? Motions, and pain has soon date to chagges? All of the confident in the cell of the

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Issue 12 of Framed, released on 7 March 1991, and one of the pages about then Commissioner Ron Woodham from the February 2002 issue, that led to the publication being banned in NSW prisons. Below is Volume 6 of Just Us, released in 2016.



DO YOU KNOW ABOUT ANY PRISON NEWSLETTERS?

It's often challenging to find information on other prison newsletters. Even today, those made internally and only distributed to one prison are generally not available to those on the outside. So if you know of any other prison newsletters, historical of current, have any inside information, or any copies you can send us, please get in touch. The following are the prison newsletters in Australia we have obtained copies of so far.

- The Compendium (NSW) 1912-1945
- Trial Bay: Welt am Montag (Trial Bay, NSW) 1917-1918
- Stockade (Pentridge, VIC) 1955-1966
- Flat Rock Bulletin (Beechworth, VIC) 1957-1966
- · Chainbreaker (Yatala, SA) 1963-1965
- Neptune / Hersperus (McLeod, VIC) 1964-1968
- Inside Out (Silverwater, NSW) c. 1974
- Alternative Criminology Journal (NSW) 1975-1981
- Time & Life (NSW) c. 1977
- Jail News (NSW) 1978-1985
- Contact (Parramatta, NSW) 1970-1981
- Vision (Yatala, SA) 1975-1982
- Prisoner's Voice (VIC) 1976-1979
- InPrint (Long Bay, NSW) 1977-1981
- Behind Bars (VIC) c. 1980
- Broken Bars (ACT) c. 1980s
- The Epistle (VIC) 1981-1985
- Goulburn Link (Goulburn, NSW) c. 1981
- InLimbo (Long Bay, NSW) 1984-1989
- Jail Notes (VIC) 1985
- Behind Closed Doors (Fairlea, VIC) 1985-1989
- Loose Ends (Long Bay, NSW) est. 1986
- Inside Out (Dhurringile, VIC) est. 1986
- The Magazine (Parramatta, NSW) est. 1987
- Just Us (Beechworth, VIC) 1988-1992
- Framed (NSW) 1989-2004
- Rogues (Bathurst, NSW) 1989-1990
- Barwon Times (Barwon, VIC) est. 1990
- The Prison Record (VIC) c. 1992
- The Rattler (Long Bay, NSW) 1993-1996
- Time Out (Long Bay, NSW) 1994-1997
- The Plainswoman (Emu Plains, NSW) est. 1996
- Away (Cessnock, NSW) est. 1996
- Baywatch (Long Bay, NSW) 2000-2012
- Just Us (NSW) 2004-Present
- Inside Out (VIC) 2016-Present
- Insider's News (NSW) 2017-Present
- Glenhope Newsletter (Ravenhall, VIC) 2021-Present
- The Razor Watch (Mt Gambier, SA) c. 2022



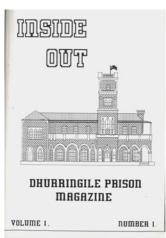


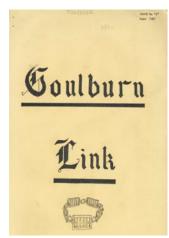




BEHIND CLOSED DOORS

Vol. 5. No. 1.









STRANGE DREAMS

BY SYLVIA ROBERTS

Another day, another night Surrounded by the colour grey The path, the road, the building, the walls All around me are grey and cold

This grey that never goes away Another day, and it's the same day Wake up, count, medo line Another meal down my throat

And it's the end of another day, but wait... Check for mail Maybe a friend's email?

I broke the law once and for all I am paying so hard They call this grey 'your home now' They call it a correctional centre And my mind wonders What is here to correct?

I had a family, a great job, a happy life And an education that never goes away But now I am here, surrounded by just grey

I had a house made with love, A garden full of flowers, A veggie patch And a mountain view that gave me power Another day, another night Still too long to be over

I could be running along that field of flowers
I could be walking up the hill, that gave me power!

Three years, its been so long Not seeing the beach, the sea, the sand under my thongs Three years I don't walk

Up to the mountains, almost touching the sky With my hands, and a big smile.

God, please, help me to survive Down in this grey and away from the sky I maybe now lie down and close my eyes And think about the sun kissing my skin And thinking about the time that now flies

So, I just close my eyes And dream, sweet dreams and time goes by Now, close your eyes and think to fly Out of your mind Close, close your eyes... Another day passing by



Dream, sweet dreams, do not open your eyes...
And then, another day, another night
I wake up and open my eyes and
Wait, ehi look, wait a moment...
I am in the sky!
Yes, I am up in the sky, what's going on in my mind?

Yes, I am up in the sky, what's going on in my m The path, the road, the building, the walls They are just small dots of grey, of a kind And now I am full awake Did I dream that place and it was just fake?

I try to run, and I swing away I got wings, no more legs and I can fly away I feel the wind caressing my way I pinch my skin that is covered in feathers

I am a bird, free to fly and landing away

From those dots that are now just a speck of grey

I am high, high up in the sky
It was all a bad dream and got away

I am a bird that can fly Free, happy and alive!!!

LETTER TO THE EDITOR

OF THE DAILY CHRONICLE

RY OSCAR WII DE

Sir, I learn with great regret, through the columns of your paper, that the warder Martin, of Reading Prison, has been dismissed by the Prison Commissioners for having given some sweet biscuits to a little hungry child. I saw the three children myself on Monday preceding my release. They had just been convicted and were standing in a row in the central hall in their prison dress, carrying their sheets under the arms, previous to their being sent to the cells allotted to them.

They were quite small children, the youngest — the one to whom the warder gave the biscuits — being a tiny little chap, for whom they had evidently been unable to find clothes small enough to fit. I had, of course, seen many children in prison during the two years during which I was myself confined. Wandsworth Prison, especially, contained always a large number of children. But the little child I saw on the afternoon of Monday the 17th at Reading, was tinier than any one of them.

I need not say how utterly distressed I was to see these children at Reading, for I knew the treatment in store for them. The cruelty that is practised by day and night on children in English prisons is incredible, except to those who have witnessed it and are aware of the brutality of the system.

The present treatment of children is terrible, primarily from people not understanding the peculiar psychology of a child's nature. A child cannot understand a punishment inflicted by society. It cannot realise what society is. With grown up people it is, of course, the reverse. Those of us who are either in prison, or have been sent there, can understand, and do understand, what that collective force called society means, and whatever we may think of its methods or claims, we can force ourselves to accept it.

The child consequently, being taken away from its parents by people whom it has never seen, and of whom it knows nothing, and finding itself in a lonely and unfamiliar cell, waited on by strange faces, and ordered about and punished by representatives of a system that it cannot understand, becomes an immediate prey to the first and most prominent emotion produced by modern prison - the emotion of terror.

The terror of a child in prison is quite limitless. I remember once, in Reading, as I was going out to exercise, seeing in the dimly-lit cell right opposite my own, a small boy. Two warders — not unkindly men — were talking to him with some sternness apparently, or perhaps giving him some useful advice about his conduct. One was in the cell with him, the other was standing outside. The child's face was like a white wedge of sheer terror. There was in his eyes the terror of a hunted animal.

The next morning I heard him at breakfast time crying and calling to be let out. His cry was for his parents. From time to time I could hear the deep voice of the warder on duty telling him to keep quiet.

Yet he was not even convicted of whatever little offence he had been charged with. He was simply on remand. That I knew by his wearing his own clothes, which seemed neat enough. He was, however, wearing prison socks and shoes. This showed that he was a very poor boy, whose own shoes, if he had any, were in a bad state. Justices and magistrates, an entirely ignorant class as a rule, often remand children for a week, and then perhaps remit whatever sentence they are entitled to pass. They call this "not sending a child to prison". It is, of course, a stupid view on their part. To a little child whether he is in prison on remand, or after conviction is not a subtlety of social position he can comprehend. To him the horrible thing is to be there at all. In the eyes of humanity it should be a horrible thing for him to be there at all.

Every child is confined to its cell for twenty-three hours out of the twenty-four. This is the appalling thing. To shut up a child in a dimly lit cell for twenty-three hours out of the twenty-four, is an example of the cruelty of stupidity. If an individual, parent or guardian did this to a child he would be severely punished. The Society for the Prevention of Cruelty to Children would take the matter up at once. There would be on all hands the utmost detestation of whomsoever had been guilty of such cruelty. A heavy sentence would, undoubtedly, follow conviction. But our own actual society does worse itself.

Inhuman treatment by Society is to the child the more terrible because there is no appeal. A parent or guardian can be moved, and let out a child from the dark lonely room in which it is confined. But a warder cannot. Most warders are very fond of children. But the system prohibits them from rendering the child any assistance. Should they do so, as Warder Martin did, they are dismissed.

The second thing from which a child suffers in prison is hunger. The food that is given to it consists of a piece of usually badly-baked prison bread and a tin of water for breakfast at half-past seven. At twelve o' clock it gets dinner composed of a tin of coarse Indian meal stirabout, and at half-past five it gets a piece of dry bread and a tin of water for its supper. This diet in the case of a strong grown man is always productive of illness of some kind, chiefly of course, diarrhoea, with its attendant weakness. In the case of a child, the child is, as a rule, incapable of eating the food at all. Anyone who knows anything about children knows how easily a child's digestion system is upset by a fit of crying, or trouble and mental distress of any kind. A child who has been crying all day long, and perhaps half the night, in a lonely dimly-lit cell, and is preyed upon by terror, simply cannot eat food of this coarse, horrible kind.

In the case of the little child to whom Warder Martin gave the biscuits, the child was crying with hunger on Tuesday morning, and utterly unable to eat the bread and water served to it for its breakfast. Martin went out after the breakfasts had been served and bought the few sweet biscuits for the child rather than see it starving. It was a

beautiful action on his part, and was so recognised by the child, who, utterly unconscious of the regulation of the Prison Board, told one of the senior warders how kind this junior warder had been to him. The result was, of course, a report and dismissal. regulation of the Prison Board, told one of the senior warders how kind this junior warder had been to him. The result was, of course, a report and dismissal.

As regards the children, a great deal has been talked and written lately about the contaminating influence of prison on young children. What is said is quite true. A child is utterly contaminated by prison life. But the contaminating influence is not that of the prisoners. It is that of the whole prison system — of the governor, the chaplain, the warders, the lonely cell, the isolation, the revolting food, the rules of the Prison Commissioners, the mode of discipline as it is termed, of the life. Every care is taken to isolate a child from the sight even of all prisoners over sixteen years of age. Children sit behind a curtain in chapel, and are sent to take exercise in small sunless yards, sometimes a stone-yard, sometimes a yard at back of the mills — rather than that they should see the elder prisoners at exercise. But the only really humanising influence in prison is the influence of the prisoners. Their cheerfulness under terrible circumstances, their sympathy for each other, their humility, their gentleness, their pleasant smiles of greeting when they meet each other, their complete acquiescence in their punishments are all quite wonderful, and I myself learnt many sound lessons from them.

I am not proposing that the children should not sit behind the curtain in chapel, or that they should take exercise in a corner of the common yard. I am merely pointing out the bad influence on children is not, and could never be, that of the prisoners, but is, and will always remain, that of the prison system itself.

There is not a single man in Reading Gaol that would not gladly have done the three children's punishment for them. When I saw them last, it was on the Tuesday following their conviction. I was taking exercise at half-past eleven with about twelve other men, as the three children passed near us in the charge of a warder, from the damp, dreary stone-yard in which they had been at exercise. I saw the greatest pity and sympathy in the eyes of my companions as they looked at them. Prisoners are, as a class, extremely kind and sympathetic to each other.

It is not the prisoners who need reformation. It is the prisons.

Of course no child under fourteen years of age should be sent to prison at all. It is an absurdity, and, like many absurdities, of absolutely tragic results. If, however, they are to be sent to prison, during the daytime they should be in a workshop or schoolroom with a warder. At night they should sleep in a dormitory, with a night-warder to look after them. They should be allowed exercise for at least three hours a day. The dark, badly ventilated, ill-smelling prison cells are dreadful for a child, dreadful indeed for anyone. One is always breathing bad air in prison. The food given to children should consist of tea and breadand-butter and soup. Prison soup is very good and wholesome.

A resolution of the House of Commons could settle the treatment of children in half-an-hour. I hope you will use your influence to have this done. The way that children are treated at present is really an outrage on humanity and common sense. It comes from stupidity.

Sir, your obedient servant,

Oscar Wilde

May 27th 1897



Oscar Wilde in 1898, after his release, and his former cell at Reading Gaol, as seen in 2016.



Oscar Wilde (1854-1900) was an Irish poet and playwright. One of the most popular playwrights in London in the 1890s, he is also remembered for his 1891 novel, *The Picture of Dorian Gray*, and his imprisonment in 1895 for 'gross indecency' (consensual homosexuality), which was illegal in England at the time.

Wilde was sentenced to two years imprisonment with hard labour, the maximum penalty. He was released from prison on May 19, 1897 and subsequently wrote two letters to the editor of the *Daily Chronicle* newspaper, describing the brutal conditions of prison and advocating for prison reform. The first has been reproduced here in its entirety.

Wilde's 1897 letter called for the end of imprisonment for children under 14. Despite this also currently being the recommendation of the United Nations, children as young as 10 are still incarcerated in both Australia and the UK to this day. – **DL**

BOOM GATE GALLERY

ART FOR SALE

Boom Gate Gallery is the only gallery in NSW solely dedicated to the promotion, exhibition and sale of inmate art. The gallery is located outside the security boom gates at Long Bay Correctional Complex, so members of the general public can enter the gallery without entering the gaol. Visitors can view paintings, sculptures, hand-painted clap sticks, and didgeridoos, as well as videos showing inmate artists discussing the making and meaning behind their practice.

The gallery displays the work of current Long Bay inmates, and former prisoners from all over Australia. Inmates currently at other Correctional Centres can have their work displayed on the gallery web-page. Prices are arrived at through collaboration between the artist and gallery staff. 75% of the sale price goes back to the inmate, which they use to buy more art materials or send home to their family.

Members of the general public can purchase in-person in the gallery, or via their website and Instagram page.

@ @boomgategallery

www.boomgategallery.dcj.nsw.gov.au/



Emu and Kangaroo

By Graheme \$750

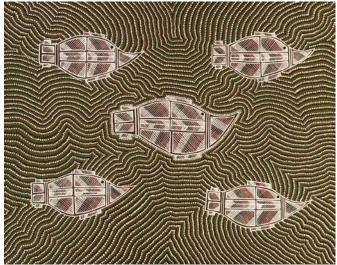
90 cm x 120 cm, Acrylic on canvas



Echidna's Nesting Place

By Mervyn \$500

60 cm x 75 cm, Acrylic on canvas



Trapping Fish

By Len

\$500

60 cm x 75 cm, Acrylic on canvas





Red Centre Storm

By Michael \$800

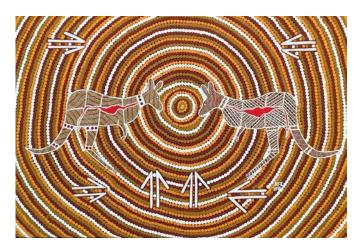
90 cm x 120 cm, Acrylic on canvas, 2021



Geko Dreaming

By Trent \$200

54 cm x 50 cm, Acrylic on canvas, 2021



Two Yongas

By Richard

\$400

60 cm x 90 cm, Acrylic on canvas, 2021



Rainbow Serpent Geckos

By Troy

\$400

50 cm x 75 cm, Acrylic on canvas, 2021

COMMUNITIES





HOW DO I LISTEN TO A JAILBREAK PROGRAM IF I'M INSIDE?

At some centres via your In Cell DVD Channel

Not at your centre? Ask for it! Get Welfare to call us.

Podcasts on the Green Machine coming soon

If you have a radio in your cell, tune in via community radio

Sydney - 107.3FM 2SER - Sun 9:30pm & Thurs 5:00am 93.7FM Koori Radio - Mon 10:00pm & Sun 10:00pm 88.9FM Skid Row - Thurs 2:00pm **Melbourne** - 3CR 855AM - Tues 9:30am **Broken Hill** - 107.7FM 2Dry - Mon 8:00pm

HOW CAN MY FAMILY LISTEN TO JAILBREAK?

By tuning into their local community radio at the stations listed in the green box

By using the net anywhere to listen to live streams at www.2ser.com; www. radioskidrow. org; www.kooriradio.com or www.3cr.org.au or a Podcast any time at www.2ser.com/jailbreak

Families can send dedications and song requests by writing, calling or emailing us.

HOW CAN I TAKE PART IN A JAILBREAK PROJECT?

Write to us if you want to get involved in making Jailbreak and

Ask welfare to invite Jailbreak to visit your centre!

GETTING IN TOUCH

Inmates can write to: Jailbreak, 2SER PO Box 123 Broadway NSW 2007

Welfare and Family can also email: jailbreak@2ser.com

Or Call: 0420 946 709

Inside Out

Sistergirls, brotherboys & LGBTIQ+ prisoner solidarity network.

We send out a free newsletter every 3 months with writing and artwork by and for LGBTIQ+ folks who are (or have been) in prison, anywhere in Australia. All genders and sexualities are welcome to join the mailing list. If you want to read or contribute to the newsletter, we'd love to hear from you!

PO Box 2446, Footscray Vic, 3011

INTERVIEW WITH

SONGBIRDS



In this issue of *Paper Chained*, we interviewed Murray Cook from Songbirds, a program run by the Community Restorative Centre.

How would you describe the Songbirds program?

Songbirds is basically a program which assists people to write original songs, even with no prior experience. It involves teamwork, tolerance and cooperation. One does not have to be a musician to participate, you might be good with lyrics, ideas, or constructive suggestions. It is a 4–5-week course of 2–3-hour workshops designed mainly for the prison environment, but has also proved effective in the outside community. We have expanded the scope to include art, and have plans for theatre workshops. We have released three CDs of original songs written and recorded in Correctional Centers, and many of our art students sell their work at Boom Gate Gallery. The program is unique in that it operates both pre- and post-release; we have built partnerships with Eora TAFE, Redfern Community Centre and Ozanam Learning Centre to help ensure parolees keep busy!

How long has the program been running for?

It is currently in its fifth year. I was a music teacher at Long Bay for 21 years. Most of the brilliant, experienced teachers got sacked by the Baird government, and I was fortunate to be offered a chance to write my own Songwriting Program by Dr. Mindy Sotiri, who had just come back from America and UK and was fired up by the great programs over there like Bread and Roses and Jail Guitar Doors. I looked at their setups and wrote the Songbirds syllabus from my own experience, adapted to NSW correctional conditions.

What Correctional Centres do you currently operate in?

We have run Songbirds mainly in Sydney Metro centres, but also quite a lot in Broken Hill, and have set up a recording studio in Macquarie. I am also running a weekly course at Ozanam Learning Centre which has proved successful; we are releasing a 6-track EP soon of original music. We have had requests from South Coast, Cessnock, and other regional gaols and would like to work there, we just need the funding and extra staff.

What are some of the challenges in operating a program like this in prison?

The usual: lockdowns, legal visits, musters, meds, showers, group members being tipped, lack of appropriate spaces, etc. Inmates are so bored with no bungers and minimal education happening. One of our problems is too many people in groups!

Has anyone who started with the Songbirds program continued with music after their release?

Yes, indeed. Two of the singer/songwriters on the Songbirds 1 and 2 CDs were asked to go on The Voice, and quite a few are in working bands/solo acts/busking at the moment. We offer them contact with our partnership programs for further free music and art education and participation, and of course a few become CRC clients with our wonderful workers helping them with things like housing and welfare.

Songbirds 3 came out on May 24. What can you tell us about the latest album?

It rocks! Thanks to a grant from Randwick Council, we were able to spend more time mixing this one, in a state-of-the-art studio with ARIA award winning producer Paul McKercher, who has worked with artists including Iggy Pop and Cold Chisel. We got Scotty from Rose Tattoo on drums and my co-presenter Bow Campbell (Front End Loader) and myself got to put on some loud guitars, Hammond organ, and vocals to back up the songs recorded in prisons. The order of the tracks tells a story, including that of Anzac Sullivan, a brilliant young Barkindjii singer/songwriter who I'd known for many years earlier at Long Bay, who tragically died in custody last year. The album is dedicated to him, with kind permission from his family. It also includes cameos from Abby Dobson (Leonardo's Bride) and Midnight Oil's Jim Moginie on pedal steel guitar. The songs range from country through to hardcore rap and punk and I reckon they're all crackers.

Where can people on the outside buy the albums?

We have a Bandcamp account where you can listen to and buy music online. All money goes back into the program. You can also purchase the CDs at Boom Gate Gallery and the Community Restorative Centre's Canterbury office.



Assistant Commissioner Luke Grant, who has been a big supporter, has purchased copies of Songbirds 2 for every library in NSW Correctional Centres, and I managed to get the video version of the course onto the options available on the tablets that many inmates in NSW have access to. Apparently it has proved to be very popular.

SUDOKU

NORMAL DIFFICULTY

The goal of Sudoku is to fill the numbers 1-9 exactly once in every row, column and each of the puzzle's nine 3x3 grids.

Sudoku is not a math game, rather it is about identifying logical patterns. All puzzles have a unique solution that can be arrived at purely by logic. Guessing answers is likely to make things more difficult. Instead, use the process of elimination to find the answers.

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HARD DIFFICULTY

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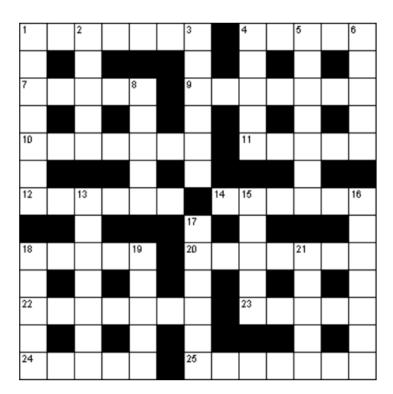
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CROSSWORD



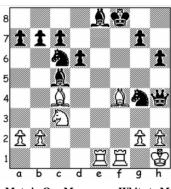
Across

- 1. Floorshow (7)
- 4. Spooky (5)
- 7. Detection device (5)
- 9. Vertical (7)
- 10. Inactivity (7)
- 11. Measuring implement (5)
- 12. Dictator (6)
- 14. Ecclesiastic (6)
- 18. Copious (5)
- 20. Drawn (7)
- 22. Pouch worn with a kilt (7)
- 23. Diadem (5)
- 24. Admittance (5)
- 25. Spiny anteater (7)

Down

- 1. Transported (7)
- 2. Emblem (5)
- 3. Tropical bird (6)
- 4. Mistake (5)
- 5. Dependable follower (7)
- 6. Go in (5)
- 8. Magnitude relation (5)
- 13. Reinforcement (7)
- 15. Reasoned judgment (5)
- 16. Musical passage (7)
- 17. Opportunity (6)
- 18. Part of a church (5)
- 19. Ahead of time (5)
- 21. Obviate (5)

CHESS

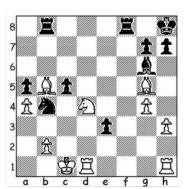


Mate in One Move-

White to Move:

Get the nominated colour to a position of checkmate in only one move.

Answers on page 38.



Mate in One Move-

Black to Move:

1.,

1.

Find-A-Word

Find all the words hidden in the across, down, and diagonally, with backwards.

D S 0 W Ε Е Т Е Χ Е 0 R C Н 0 0 F Т M E S G Ε Т S С Н G 0 0 ٧ D S Е 0 0 Α Т Ε D Ε Т Υ 0 D S Ι Ε В Ε Ε G Ε S Ι Т Κ S С Μ R Т В R Ε Α D 0 W Ι 0 Κ C Ε F R Υ Ι Μ 0 S Ν S 0 В Т С Н 0 Ι Е G Μ Н Ι Ν Ι D Μ Т D Ε Μ D Ι Ι Ε Т G Τ Μ Е S C С Ι Н Т Е Ε Т В Н Ν С Е Ι Ζ S Е D Ν Μ Ε R Ε Т Е R Н Т Т U Ν D Е R Τ Α Κ Ε 0 0 Т T U O Ε

BIOGRAPHY BREAKDOWN BUDGET CLARIFY CLASSROOM DICTATE FORBID HANDICAP HORROR IMMUNE INITIAL MINIMIZE OUTPUT RELATION ROTATION SCULPTURE TACTIC
TALKATIVE
THREAT
UNDERTAKE

Number Find Puzzle

5 Digit Numbers

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9	2	7	3	2	7	9	1	4	3	8	0	2	9	4
7	5	6	q	7	3	2	9	q	9	4	3	3	8	3
8	7	0	3		4	4	2	5	3	5	8	2	9	7
5	6	0	6		2	0	5	8	6	0		4		5
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THE CREATIVITY

OF INMATES AN INTERVIEW WITH PAPER CHAINED MAGAZINE EDITOR, DAMIEN LINNANE

BY PAUL GREGOIRE

Originally published by the Sydney Criminal Lawyers website on June 2, 2022. Reprinted with permission.

US Professor Angela Davis remarked in an interview with Democracy Now last December, that she was "absolutely surprised" that the concept of prison abolition has "entered into public discourse during this period".

Davis, a key abolitionist, and her colleagues hadn't expected the campaign, which calls for societies to dismantle systems of incarceration, to enter popular consciousness for "perhaps 50 years", as, until a little while ago, it had been a fringe issue.

However, the footage of George Floyd being killed by Minneapolis police officers, and the resulting upsurge in the Black Lives Matter movement, changed this dramatically, with the questioning of the role that corrections and law enforcement play in our systems becoming mainstream.

And with this, so too has the understanding that abolishing prisons doesn't just mean tearing down the walls and letting everybody run riot. Rather, it entails establishing broad social reforms that lead to a more equitable society, with the perceived need for gaols and imprisonment receding.

Creative pursuit has long been understood as a means of transforming negative emotions, and in that way, not only is quarterly magazine *Paper Chained*, a publication by prisoners-for prisoners, helping inmates reform individually, but, more broadly, it's abolitionist in nature.

First launched in 2017, *Paper Chained* is a magazine that appears online and in print and features the writing of inmates, ex-prisoners, their family members or work connected with the corrections system. The hardcopy magazines are posted for free to prisoners inside.

The sixth edition of *Paper Chained* has just gone live. Indeed, the first article in the new addition is titled, A Future Without Prisons, and it posits that "if we maintain our current course, the future of prisons is an ever-expanding series of storage facilities for broken people".

The author, Stacey Stokes, goes onto explain that moving towards an incarceration-free society would require delving into the reasons for behaviour that leads to imprisonment, and providing healing and education to help move beyond it.

"A future without prisons is a world where we all have a place and no one is left behind," Stokes concludes.

The majority of funding for Paper Chained comes from the

Community Restorative Centre, which is a Sydney-based organisation that provides a range of services to people involved in the criminal justice system and their families.

Damien Linnane is the editor of *Paper Chained*. Having spent time in prison himself and written the novel, *Scarred*, whilst in there, Linnane understands the importance that a creative outlet can have for those inside. So, when asked to take over the reins of the publication, he had to agree.

Sydney Criminal Lawyers spoke to *Paper Chained* editor Damien Linnane about the impact the magazine has upon those who are involved with it, the new prison computer tablet program that will allow inmates to access the publication online, and what he's looking for in terms of content.

Damien, since May last year, you've been the editor of Paper Chained. Why would you say a magazine by prisoners-for prisoners is important?

The thing that makes my job the most worthwhile is the feedback I get in the letters from prisoners. People frequently tell me how much difference simply getting some mail can make to their day, something I know all too well from personal experience. But what I hear the most is how much difference it makes to know there is a publication that specifically gives them a voice, understands what they're going through and is catered to them directly.

Paper Chained is what I needed when I was in prison. I had so much I wanted to express, but there was no way for me to share anything I had created with the world. My artwork and writing just gathered in a box under my bed.

How would you describe the types of articles and other pieces of artistic expression you've been receiving for the issues? How would you say the subjects that are touched upon reflect the prisoner experience?

The majority of the submissions we get are poetry: that definitely seems to be the preferred way people like to express themselves. Not surprisingly, most of it is heavily themed on prison. I've definitely read a lot of work with themes of feeling trapped, hopelessness and regret. So, it's healthy for people to have a creative outlet to express these feelings in, rather than just bottling them up.

But we get all types of writing. In our last issue, we got a piece from an inmate who just wanted to share his passion for reading. He wrote about how reading makes him feel like he is free, which is something I can attest to personally. The only time I didn't feel like I

was in prison was when I was either reading or writing.

Unfortunately, we're a bit limited in terms of what art we can receive from prison, as it's pretty much whatever people can fit in an envelope. It's very difficult to arrange for larger artworks to be sent out, and even harder to try and get photographs taken of artwork. Luckily, we have a relationship with Boom Gate Gallery, the art gallery attached to Long Bay, and they're able to give us access to photographs of larger art pieces made by incarcerated people.

Corrective Services NSW has agreed to make Paper Chained available to prisoners via the new computer tablets that are being provided to inmates. This was an initiative put to the government agency by the Community Justice Coalition.

As someone who has spent time on the inside, how important do you consider this computer tablet initiative is?

I spent the first half of my sentence writing a crime novel by hand, and the second half teaching myself to draw. I originally wanted to go back to university, but we had no computer access, and the days of the offline correspondence course ended a long time ago, so there was no way for me to study anything.

I was told that because I was assessed as low risk for reoffending and because resources were limited, I wasn't eligible for in-person rehabilitation, and was also told there was no therapy available at all. The most frustrating thing about prison is you have all the time in the world, but the prison doesn't give you the resources to do anything constructive during that time.

I was lucky enough to be literate enough to write a novel, but a lot of people in prison aren't that fortunate. One of the reasons we campaigned for computers in cells for so long was so that inmates could access rehabilitation courses, even after lock-in and during lockdown.

Even being able to access basic education programs from your cell will make such a huge difference for people who want to change in prison.

Only 22.7 percent of inmates in NSW were able to study during 2019-20 – the second lowest state rate after Tasmania – and only 0.1 percent were able to pursue higher education. These results have been consistent over the last several years, but hopefully we'll start seeing a difference now that tablets have finally been introduced.

Justice Action had long been pushing for the tablets. The campaign was stepped up after the onset of COVID-19 due to the impact it had upon the conditions prisoners were kept in.

Inmates in this country were served a rough time during the pandemic due to neglect and restrictions. What are your thoughts on the situation for prisoners during the COVID crisis?

I can only really imagine how much harder prison got for people during the pandemic. Considering how isolating and depressing it was beforehand, I know it would have been much worse.

It's a bit ironic, I get about 25 letters from people in prison a week, but one thing I've noticed is that people very rarely actually want to communicate about the prison itself or how things are affecting them personally, other than through art and poetry.

Writing, art, reading and education in prison is a form of escaping

what's actually going on around you, so anything that helps facilitate this is going to be welcome.

When you're in lockdown, you normally can't even get access to library books. I definitely think tablets in prison is a fantastic idea, one that was long overdue.

Paper Chained is primarily funded by the Community Restorative Centre. Why has this organisation prioritised such a project?

I'd been peripherally helping with *Paper Chained* since they first started in 2017. And in 2021, the previous editor asked me if I wanted to take over as she no longer had the time or the money to self-fund the project. Knowing how much something like *Paper Chained* would have improved my mental health when I was in prison, I couldn't say no. But as our list of subscribers grew dramatically it became clear I'd bitten off more than I could chew.

I was getting enough contributions to publish it much more frequently than annually, which is how the magazine ran for its first five years, though replying to letters and transcribing contributions was taking up most of my free time as it was.

Then, early this year, I finished a long-term work contract as an archivist. And as I needed a new job anyway, I applied for funding to turn what I was passionate about into my dream job, and thankfully, I managed to get a 12-month contract with CRC to produce the magazine quarterly.

It really fit in with their other great projects, like Jailbreak Radio, a radio program for incarcerated people, and Songbirds, which records music made in prison.

And lastly, Damien, for those who might like to contribute or become involved with Paper Chained what should they do?

I'd really encourage people to give it a go. A lot of people seem self-conscious about whether their work is good enough, and then I'm amazed by their creativity. Speaking from experience, a lot of writers and artists have too much self-doubt, especially when they first get started

If you're worried about using your real name, we can publish your work anonymously. And keep in mind, if you're looking to make a career out of writing or art, already being published by us could give you a hand up.

People often write in asking if we'll accept certain types of contributions, like song lyrics. And as I always tell them, if you can create it, we'll consider printing it. It's only really limited by your imagination.

One thing I wish we got more of is fiction, especially since that's what I created when I was incarcerated. I'd love to see more short stories in future issues.

Paul Gregoire is a Sydney-based journalist and writer. He has a focus on social justice issues and encroachments upon civil liberties. Prior to writing for Sydney Criminal Lawyers, he wrote for VICE and was the news editor at Sydney's City Hub. Paul is the winner of the 2021 NSW Council of Civil Liberties Award For Excellence In Civil Liberties Journalism.

SOCIOECONOMICS

OF PRISON

BY KENJUAN CONGO JR

If over one thousand prisoners gathered together are classified as a group, there must be socioeconomic classes in prison. In a group of two, if one leaves it is no longer considered a group. In a group of three, if one leaves, it is still regarded as a group. As the group grows in size, dynamics occur such as gender, race, income, sexual preference, religion, etc. The dynamics created through the growth of the group produce a hierarchy in which each unit can be ranked, thus the creation of Socioeconomic Status (SES). SES is a composite ranking based on various dimensions of social inequality.

At SCI Chester in Pennsylvania, the lowest paying jobs offer 19¢ per hour which is the starting rate for all non-skilled workers. With outside clearance, workers have the highest earning potential at 51¢ per hour. Other jobs include block workers, barbers, janitors, and laundry workers. Being paid only cents per hour prisoners are forced to labor under the constant threat of disciplinary action for any stoppage or refusal to work. A potential benefit of working is, depending on jobs such as maintenance repair, you can acquire a trade skill and experience. A downside to working is that the prisoner's labor is pivotal to the functioning of the prison, thus making the prisoner a facilitator of their own oppression. We are forced to weigh the pros and cons of workforce exploitation, under the unmerciful heavy-handed might of DOC policy and constitutional law.

Making 19¢ opposed to 51¢ is a difference of over 250%. This is of great significance for individuals who do not have financial support from the outside. Basic necessities such as toothpaste, deodorant, hair grease, and lotion have to be purchased. Those the state recognizes as indigent are given toothpaste that does not fight plaque or tarter, as well as a lotion that leaves skin flaky and itchy; with the false proclamation that their needs are actually being met. With this economic wage system being their sole source of income, some are forced to struggle for even the most basic of necessities; while others are not. Ultimately, the best jobs are the ones that pay the most often giving trade experience as well. The worst jobs are the least paying giving no trade experience most of the time. Even with the highest pay, prisoners are only to meet the most basic of life's needs. Occupation is one of the many socioeconomic categories for the prison populace.

Beyond jobs prisoners are systematically influenced to make money illegally and/or in ways that are against DOC policy. Such economic pursuits include selling drugs, extortion, making wine, and loan sharking. Prisoners are put on trajectories toward this behavior, because of the abysmal pay given to them by the institution. Sociologists and criminologists widely agree that economics is a key driver of crime and violence, and the prison environment is by

no means an exception.

When the incarcerated person's income is removed from the household, financial strain is placed on the family unit. Making mere cents per hour, the incarcerated are not in a position to legally address the additional hardships put on their loved ones. Not to mention that in most cases the prisoner's offense is directly related to financial inequalities. Once imprisoned, the individual must choose between conforming to prison policy, or taking matters into their own hands. Sadly, prison policy does not allow those who are incarcerated to give legal financial support to their families, thus enticing criminal behavior.

Money is also spent on extraordinarily high legal fees as well as court costs and fines. Only making cents per hour, how many hours would a prisoner have to work to pay a lawyer thousands of dollars? Again, the individual is forced to choose between abiding by DOC policy or mounting an effective legal defense. The socioeconomics of prison categorizes class not only in job pay but in terms of the underground economy as well. The more net income a prisoner has the higher they are in the class hierarchy, regardless of their source of revenue.

The sociologist Max Weber gave credence to status as a socio-economic categorization. Those who are known as snitches, molesters, and rapists are at the bottom of this social ranking, as well as homosexuals housed in male facilities. Those with the most status are usually the individuals with the most money, known for rebelling against DOC, or those with publicity around their case, and in extremely rare cases are celebrities as well. Based on the status, they may be given preferential treatment by other prisoners extra food, commissary, cleaning supply, wine, drugs, food smuggled in by staff, along with a host of other advantages. The harsh reality of prison life, a perk that may seem minuscule is actually of monumental importance to a prisoner. These privileges gained through status allow the person to save money, which will raise their socioeconomic positioning even higher.

Prison jobs and socioeconomic status can determine the likelihood of a prisoner being released early, meeting their needs, and giving support to their family. Due to the socio-economic structuring of the prison system, the incarcerated are put in a position where crime is their best option for both acquiring freedom and giving support to loved ones. The jobs and socioeconomics of prison are major social justice issues.

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IN THE MEXT ISSUE

ISSUE 8 DUE FOR RELEASE IN DECEMBER 2022



EAR HUSTLE TRANSCRIPTS

Starting from our the next issue, we'll begin sharing transcripts of the award-winning prison podcast *Ear Hustle*, created at San Quentin State Prison in California.



MORE ON HISTORICAL PRISON NEWSLETTERS

Our coverage of historical prison newsletters in Australia will continue with an article on *Contact*.





JAILBREAK PRISON RADIO FEATURE

We'll also feature an interview with Kate Pinnock, the producer of *JailBreak Prison Radio*, including information about how you can appear on the program.

CROSSWORD ANSWERS



CHESS ANSWERS

White Bishop to D6 Black Knight to A2

WHAT WOULD YOU LIKE TO SEE IN THE NEXT ISSUE?

IF YOU HAVE SUGGESTIONS ON WHAT YOU'D LIKE TO SEE IN PAPER CHAINED, PLEASE REACH OUT AND LET US KNOW!

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